

Centre for Women's Health

Funded by Sydney South West Area Health Service



ABN: 95 084 695 045

The Centre for Women's Health provides a range of holistic services to improve the health and wellbeing of women living in the Campbelltown, Camden and Wollondilly areas of Macarthur.

We work with women to gain the confidence, skills and resources to create positive futures for themselves, their children and their communities.

We offer specialist services to women in their mid to older years, Aboriginal women, and women affected by domestic violence.

Intake Service - provides an initial response to all telephone & in person enquires from women. Offers counselling & support, information & referral. No appointments required, Monday to Fridays 9am to 5pm.

Aboriginal Women's Health Service - provides counselling, advocacy, groups, information & support to Aboriginal women in Macarthur. Outreach service in Wollondilly & Macquarie Fields fortnightly.

Mid to Older Women's Health Service - provides counselling, groups, information & advocacy for women aged 45+. Complementary therapies Naturopathy & Massage available for women aged 45+ & Aboriginal women 35+. Fees apply for massage, herbal remedies & supplements. Outreach mature women's group in Wollondilly fortnightly.

Domestic Violence Service - provides counselling, groups, information & advocacy for women affected by domestic violence.

Outreach service available fortnightly in Camden, Wollondilly & Macquarie Fields.

Kids Create Tomorrow project - creative expressions group program for mothers & children aged 5-12 years, to strengthen their relationship after domestic violence.

Children's Service - provides a child-focused learning space for children accompanying women accessing services at the Centre. Offers individual support & groups for mothers & their children to strengthen relationships.

Well Women's Clinic - free & confidential clinic by Women's Health Nurse for pap tests, breast checks, pregnancy tests, postnatal checks, Chlamydia screening, menopause and other women's health information. Available monthly.

Cyber Corner - free internet access & computer use for women. Conditions apply.

Free Legal Advice - offered by solicitors from Marsden's Law Group & Macarthur Legal Centre on Wednesdays 12pm - 2pm. Appointments essential.

Services are free of cost, except complementary therapies.

For appointments, please phone Intake Service on 1800 077 760 (free local & mobile calls).

Our group program is available from Reception.

Centre for Women's Health, 288 Queen Street, Campbelltown. Phone: 4633 3777 (Reception)
www.bensoc.org.au